



## Workshop exercise on contact

### CONTACT THROUGH LISTS

#### Objectives:

- To identify the characteristics of contact that produces social change.
- To reflect on the current situation of the relationship between your community and any opposing group or community, and its potential for change.

**Duration: 35 minutes**

#### Materials:

Large sheets of paper / Booklet with instructions / Notebook and pen

#### What are we going to do?

1. The group has several large sheets of paper. On one, the group should make a list of all types of contact that community residents have with a community with which they have been in conflict (in the case of favelas, one of these groups was the police). Think of all that happens and try to write at least ten examples. **(10 minutes)**
2. On another sheet of paper, produce a similar list, but now with ideas about the type of contact that would be ideal to solve conflicts, or the type of contact that you would like to have with them. Try to write at least ten examples. **(10 minutes)**
3. Now, for each type of contact from the list, write what you think and feel about it – your attitude and your feelings. **(10 minutes)**
  - a. Attitudes – what community residents think of the opposing community when in contact with them.
  - b. Feelings – what community residents might feel during each example of contact (current and desired).
4. Then try to answer the following question. **(5 minutes)**
  - a. How can we change the form of contact of community dwellers with opposing groups from its current state to the desired contact?