



Workshop exercise on storytelling

TELLING STORIES

Objectives:

- To enable participants to understand the use of narrative as a means of communication.
- To use a story of everyday life to reflect on how storytelling can bring benefits to the people in the community.

Duration: 1 hour

Materials:

Photos of people and community events / Large sheets of paper / Felt pens / Notebook and pen

What are we going to do?

1. Read the definition of storytelling on the next page and answer the following questions. A secretary will take notes. **(20 minutes)**
 - a. What kind of stories teach you the most? Why?
 - b. Why do you think people tell their life stories?
 - c. In daily life, where can we hear or see stories? (Hint: soap operas are an example)
 - d. Why do we tell stories to children?
 - e. What can we transmit through stories?
2. The group will receive three or four photographs of different people. In pairs, create short stories of something that happened in the life of these people on the day the picture was taken. You can write on the large sheets of paper. The objectives of the stories will be chosen from those outlined below. **(25 minutes)**
 - To convince children that they should study.
 - To advise a 16-year-old you have known since very young who now has problems with drugs.
 - To encourage a 12-year-old girl who would like to study engineering, but does not try because she thinks it is impossible for someone from her community.
 - To tell the history of your community to children so that they know its most important past events.
3. The group will discuss the following questions, which do not have a correct answer and are for reflection. **(15 minutes)**
 - a. Do you think that a story can help to convince someone? Why?
 - b. In what ways can stories empower people?
 - c. Why do you think it is important to preserve our history through narratives, as tales, anecdotes and testimonies?



Storytelling

Storytelling is a way to share and learn ideas, values and practices. Storytellers remember something of their life or of the life of others; the listeners can relate to the story and retell it, maybe adding a little of their own experience. Thus, stories bring people together. Stories offer a connection between a past that is told, the present and the future, and help to connect people around feelings, information and shared experiences.